

About Life Center of Eastern Delaware County



Life Center of Eastern Delaware County is a 50-bed facility for single adults and is located at 63rd and Market Street in Upper Darby. The Life Center provides shelter to over 160 Delaware County residents per year. Case management, support services, and life coaching are provided to residents with a focus on permanent housing solutions and which promote economic self-sufficiency. Fee medical screenings are provided to residents on a weekly basis through ChesPenn Health Services.

Services available to residents and open to the public:

- Community Shower program: Monday, Wednesday, and Friday from 10:00 a.m. to 1:00 p.m.
- Narcotics Anonymous (NA) Meetings: Thursday, Saturday, and Sundays

Evening Meal Program:

- With over 40 churches, synagogues, mosques, and temples donating food and their time, Life Center is able to provide over 200 meals every evening to residents and community members in need of a hot meal.
- **Evening meal program** (open to the public): Daily from 6:30 p.m. to 8:00 p.m.

What do we do for this mission?

We come up with a recipe and purchase the needed ingredients.

On the 3rd Sunday, of every other month, we gather in the MPC kitchen to cook a full delicious, nutritious dinner meal for 200 people.

The next day, Monday day, the final meal prep is completed before we send a team to serve that meal at Life Center of Eastern Delaware County in Upper Darby PA.

When are we scheduled to cook/serve?

Cook: Sunday November 19, 2017

Serve: Monday November 20, 2017

Cook: Sunday January 21, 2018

Serve: Monday January 22, 2018

Cook: Sunday March 18, 2018

Serve: Monday March 19, 2018

Cook: Sunday May 20, 2018

Serve: Monday May 21, 2018

Cook: Sunday July 15, 2018

Serve: Monday July 16, 2018

Cook: Sunday September 16, 2018

Serve: Monday September 17, 2018

Cook: Sunday November 18, 2018

Serve: Monday November 19, 2018

MPC Food Mission Community Outreach Project; Life Center Evening Meal Program

"For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me."

– Mathew 25:25



Why this mission?

We have brothers and sisters, living among us, who have need of a decent meal. These are our neighbors. Some are homeless. Some are the 'working-poor', who are just trying to make ends meet. This is an opportunity to share from our time, treasure and talents, roll up our sleeves, and give them one of the fundamental comforts many of us take for granted; a decent meal.

Who can help with this mission?

We are looking for anyone interested in helping, from high-school on up.

- NOTE: This is a great way to get your High School community service hours.

What special skills to I need to help with this mission?

NONE! All you need is to be able to follow directions.

At every Cook/Serve session we have team leaders who are experienced with this mission, who will organize and direct you.

- Being comfortable in the kitchen is a plus, but it is not essential to contribute to the success of this mission.

"What good is it, my brothers, if someone says he has faith but does not have works? If one of you tells him 'Go in peace, stay warm and well fed', but does not provide for his physical needs, what good is that?" - James 2:14

How does this mission benefit you personally?

You have the opportunity to help out your neighbor, while enjoying the fellowship of your MPC brothers and sisters.

What is this mission?

On the 3rd Sunday, of every other month, we gather at the MPC kitchen to prepare a full delicious, nutritious dinner meal for 200 people.

The next day, Monday day, the final meal prep is completed before we deliver and serve that dinner meal at Life Center of Eastern Delaware County in Upper Darby PA.

How can you help this mission?

There are many ways to help with this mission.

- Help us come up with recipes that can be scaled to feed 200 people with a delicious, nutritious meal.
- Help us shop for the ingredients we need.
- Help us prepare a meal for 200 people.
- Help us serve the food.

How to contact us:

Email:

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