

Dear Church Family,

*Jesus said, "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." - John 16:33*

I have just spoken and prayed with Stephen, Jeannie, Steven and Rachel. The Cavicchias have both received news this evening that they tested positive for Covid-19, this is in addition to Stephen Menaldino's positive test from yesterday. They are all currently at home dealing with symptoms. Please continue to pray for their complete and quick recovery. If you were in worship on March 1st, please continue to monitor yourself for symptoms through this Sunday.

#### **What MPC is doing:**

- While the office is closed next week, there will be someone available to answer the telephone between 9am and Noon. We will be fielding calls and connecting members with resources as best we can.
- Continuing to learn about how to respond to the Coronavirus with the Love of Christ. Here is a good (shortened) link that is both broad and brief: [t.ly/2XZqd](https://t.ly/2XZqd)
- We are working on a way to Worship Online together this Sunday. We will let you know how to do that when we have it settled. We encourage you to worship in a group if possible. Here are some suggestions on how we might do that: [t.ly/V25yn](https://t.ly/V25yn)

#### **What you can do:**

- Wash your hands. (James 4:8) You can pray the Lord's prayer instead of singing for 20 seconds.
- Reach out by phone to any members or friends of MPC that you believe may not be receiving these emails or who do not have internet access.
- Pray. Pray Up, In and Out.
  - Pray Up - Worship to start your day as a way of reconnecting with God.
  - Pray In - asking God to give you what you truly need -- daily bread -- for your heart, mind, body and soul. ("ask and it will be given . . ." Matthew 7:7-12)
  - Pray Out - Inviting God to bless those who are suffering and to bless His Church with the love we need to share. Interceding for all those who have asked for your prayers.
- Hope. Here is an excellent reminder that we occasionally use in worship:

*Heidelberg Catechism - Question 1*

***What is your only hope in life and death?***

*That I am not my own,  
but belong with body and soul,  
both in life and in death,  
to my faithful Saviour Jesus Christ.*

*He has fully paid for all my sins  
with his precious blood,  
and has set me free  
from all the power of the devil.  
He also preserves me in such a way  
that without the will of my heavenly Father  
not a hair can fall from my head;  
indeed, all things must work together  
for my salvation.  
Therefore, by his Holy Spirit  
he also assures me  
of eternal life  
and makes me heartily willing and ready  
from now on to live for him.*

- Be mindful of neighbors and friends who may need a little more assistance during this time. There may be young parents that need childcare help now that more schools are closing down. An elderly neighbor may need assistance with getting some groceries for the week.

Warmly in Christ,  
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