

# Family Devotion Planning Worksheet

Breathe. This is all doable. I promise. 😊

1. **CREATE PATTERNS:** Scheduling is HARD, yo. So we have to be EXTRA intentional about it. At first, it will be difficult getting everyone together in an optimal time. So relax, and remember that there's no such thing as an always-and-for-everyone optimal time. Just do your best each time, and each time, it will get easier until you're actually looking forward to it! So, let's crunch numbers:
  - a. When are you each at your best?
  - b. When are you all available?
  - c. What's the best-case scenario?
  - d. What can you compromise on or adjust?
  - e. What times of year are best for bigger activities and celebrations?
  
2. **CREATE HABITS:** What are the important elements of devotional time, and how would you do them together? Brainstorm some brief ideas for activities, prayers, and studies you can do to engage together in UP, IN, and OUT, or Study, Service, and Socialization. As you come up with ideas, put which part of the model it serves – UP/IN/OUT, STUDY/SERVICE/SOCIALIZATION
  - a. Prayers
  - b. Study resources/Bible books
  - c. Activity ideas/resources
  - d. Communication skills/practices
  - e. Intercessory prayer
  
3. **CREATE TRADITIONS:** What are some things/events that have meant a lot to you? Think about why they were meaningful. What might convey or hold that same meaning for your kids and family now?
  - a. How can we celebrate God in our lives?
  - b. How can we celebrate personal growth and achievement for each family member?
  - c. How can we together celebrate our family milestones? What do we want them to be? Again, think about what is meaningful, rather than arbitrary.
  
4. **CREATE YOUR VILLAGE:** Who is around you who can help you? Who is on a similar journey? What individuals can walk with you and pray for you and maybe even join you? Are there other families you can connect with for some of the above?
  - a. Individuals of faith?
  - b. Extended family?
  - c. Families in our community/church?

